



North American Society of Obstetric Medicine

2019 ANNUAL CONFERENCE

PROGRAM



March 29-30th
Vancouver, BC



2019 Annual Conference Program

Friday March 29, 2019

7:00-8:15

Breakfast

8:30-8:40

Welcoming Address – NASOM President

8:40-9:30

Genetics in the Next Decade

Dr. Millan Patel

At the end of the conference, the participant will be able to:

1. Recognize the recent advances in genetic medicine related to pregnancy
2. Select pregnant women with medical conditions that should be referred to genetic medicine in 2018.
3. Understand and apply the basics of genetic
4. counseling around pre-test counseling and genetic test result interpretation (lifelong implications of a pathological mutation, uncertainty about pathogenicity of some mutations, etc.)

9:30-10:30

Oral Abstract Presentations

At the end of the conference, the participant will be able to:

1. Appreciate the diversity of research in the field of obstetric medicine.
2. Implement some changes in their own practice based on the results of research or case series

10:30-11:15

Break and Poster Viewing Session

11:15-11:40

Exercise in Pregnancy: What is New

Dr. Margie Davenport

At the end of the conference, the participant will be able to:

1. Recognize the role of exercise in prevention of maternal and fetal complications (diabetes, preeclampsia, etc.)
2. Recommend the appropriate program of exercise for pregnant women depending on the clinical situation

11:40-12:05

That Struck a Nerve

Dr. Sadiq Abdulla

At the end of the conference, the participant will be able to:

1. Review the potential complications associated with epidural analgesia
2. Review the causes of peripartum nerve injury unrelated to epidural analgesia
3. Discuss the outcomes of peripartum nerve injury and strategies for prevention

12:05-13:30

Lunch & Announcement of the Karen Rosene-Montella Lifetime Achievement Award

13:30-15:00

Oral Abstract Presentations

15:00-15:25

Aspiring Dosing: Too Many Choices

Dr. Wee-Shian Chan

At the end of the conference, the participant will be able to:

1. Prescribe the optimal dosage of aspirin for the prevention of preeclampsia in selected patients
2. Discuss the rationale behind the usage of higher dose of aspirin

15:25-16:15

Break and Poster Viewing Session

16:15-17:15

Member's Symposium: Postpartum Cardiovascular Risk Reduction Clinics: The North American Experience

At the end of the conference, the participant will be able to:

1. Demonstrate collaboration between multiple specialties
2. Offer evidence-based educational content

17:30-18:30

NASOM Business Meeting

20:00

NASOM dinner at the Stanley Park Tea House

Friday March 29, 2019

7:00-8:30

Breakfast

8:30-9h30

Top 5 of the 2018 Obstetric Medicine literature

Dr. Jayson Potts and Dr. Serena Gundy

At the end of the session, the participant will be able to:

1. Revise the key articles published in 2018 in Obstetric Medicine
2. Critically analyze data and decide if changes in practice should be made

9:30-10:15

Closing the Loop from Risk Counseling to Research on the Safety of Pregnancy Exposures: the MotherToBaby Model

Dr. Christina Chambers

At the end of the conference, the participant will be able to:

1. Describe the current availability of human data on risk or safety of prescription medications for use in pregnancy
2. Identify methods and challenges in enrolling pregnant women in pregnancy registries
3. Understand the small prospective cohort study model for evaluating safety of new drugs and how this has been applied in the real world

10:15 -11:00

Break and poster-viewing session

11:00-11:50

Oral abstract presentations

11:50-12:50

Interdisciplinary Approach to a Complex Problem

UBC Team

12:50-13:00

Closing Remarks and Awards