WHAT IS IT?

• 28 y.o. G1 35 weeks
• Twin pregnancy
• Itchy rash on abdomen
• Extending now to arms and upper legs
WHAT IS IT?

• 34 y.o. G1 18 weeks
• Bright red patches and pustules all over the body.
• Had similar crops of lesions lasting 4 to 7 days a few months ago.
WHAT IS IT?

• 18 y.o. G1A1 34 weeks
• History of mild eczema prior to pregnancy
• Increase in pruritic lesions including on face
• Cracked skin on elbows
WHAT IS IT?

• 30 y.o. G2P1 30 weeks
• Saw an MD one week ago for rash in umbilicus
• Treated with topical corticosteroid for 5 days with little relief of itchiness
• Now worried that she is allergic to cream
WHAT IS IT?
• 33 y.o G1 24 weeks twin pregnancy
• Followed for gestational hypertension
• Asks about rash on abdomen
WHAT IS IT?

• 37 y.o. G4P3 20 weeks
• Family history of atopic conditions
• Pruritic rash on body including neck and back
• Sparing of abdomen and mucosa
WHAT IS IT?

• 34 y.o G1 at 34 weeks
• Pruritic, hot, angry red rash on abdomen only
• Not improved with changes in soap, laundry detergent
• The black line is getting darker
WHAT IS IT?

- 25 y.o G2P1 19 weeks
- Developed rapidly growing lesion on lower lip
- Not itchy
WHAT IS IT?

• 22 y.o. G1 25 weeks
• Intensely itchy
• Started in omblilicus 5 days ago
WHAT IS IT?

- 40 y.o woman G1 10 weeks post IVF
- Developed itchy rash on arms and torso
- Changed her creams with no result
- Worse after a hot shower
WHAT IS IT?
- 35 y.o. patient 28 weeks
- Admitted for pre-term labor
- Contractions stopped post tocolysis
- On antibiotics for PPROM
- Patient complained of swelling of face and mouth lesions
- Feels unwell
- There is shedding of the skin on her arms
WHAT IS IT?
• 22 y.o G1 35 weeks
• Followed for Fetomaternal alloimmune thrombocytopenia and gestational diabetes
• Treated with oral prednisone, IVIG and insuline
• Asks whether the skin colouration on her face is an allergic reaction
WHAT IS IT?

• 18 y.o. G1 12 weeks
• At her first pregnancy visit
• Intensely itchy rash on hands
• Worse at night
WHAT IS IT?

• 34 y.o. G1 23 weeks
• Very itchy papules on legs
• Never had this before
• Only past history is childhood asthma and hypothyroidism
WHAT IS IT?

- 28 y.o. G3PO 10 weeks
- Had similar rash before pregnancy after a pneumonia
- Febrile
- WBC: 18,000
- Creat: 62
- AST: 22; tBili: 6
- Albumine: 22
WHAT IS IT?

- 38 y.o G4P3 28 weeks
- Followed for chronic hypothyroidism and gestational diabetes
- Worried about increasing darkness in both armpits
- Not improved by washing and change in deodorant
WHAT IS IT?

- 43 y.o G1 1 week postpartum
- Extensive rash since delivery
- Remembers having a few itchy red lesions around umbilicus 3 weeks ago
- Baby is feeding well
WHAT IS IT?
• 27 y.o, G1 33 weeks
• Increasingly itchy abdomen
• Started with hand and soles
• Now waking her up at night and interfering with sleep
• Patient cannot refrain from scratching her abdomen
WHAT IS IT?

• 22 y.o. G1 15 weeks
• Developed target lesion on hands then arm
• Feels well
• No mucosal involvement
• No travel history
• Only recent medication was valacyclovir for cold sores
WHAT IS IT?

• 29 y.o. G1 15 weeks
• Itchy lesions on her back, xerosis
• No improvement despite gluten-free diet
• No infectious contact
• Had all of her vaccinations
1. Polymorphic eruption of pregnancy (PEP)
2. Pustular psoriasis of pregnancy (PEP)
3. Atopic eruption of pregnancy (AEP)
4. Pemphigoid gestationis
5. Striae gravidarum
6. Atopic eruption of pregnancy (Pruritic folliculitis of pregnancy)
7. Polymorphic eruption of pregnancy and linea nigra
8. Pyogenic granuloma
9. Pemphigoid gestationis
10. Atopic eruption of pregnancy (eczema of pregnancy)
11. Steven’s Johnson DDX: Pustular psoriasis of pregnancy
12. Melasma
13. Scabies
14. Atopic eruption of pregnancy (prurigo of pregnancy)
15. Pustular psoriasis of pregnancy
16. Acanthosis nigricans
17. Pemphigoid gestationis
18. Intrahepatic cholestasis of pregnancy
19. Erythema multiforme minor
20. Atopic eruption of pregnancy (eczema of pregnancy)
More pictures!

Annabelle Cumyn, M.
WHAT IS IT?

- 28 y.o. G1 38 weeks
- Itchy rash on abdomen
WHAT IS IT?

• 34 y.o. G1 8 weeks
• Oval slightly scaly plaques on trunk
• First patch present for 2 weeks
• Itchy

CASE 2
WHAT IS IT?

- 30 y.o. G2P1 30 weeks
- New rash on extremities
- Started after took a run in hot weather

CASE 3
WHAT IS IT?
• 33 y.o G1 28 weeks
• Type 1 diabetes
• Macrosomia and polyhydramnios
• Would a cream help to decrease itchy lines on abdomen?

CASE 4
WHAT IS IT?

• 37 y.o. G4P3 14 weeks
• Family history of atopic conditions
• Pruritic papules on lower extremities
• Sparing of abdomen and mucosa

CASE 5
WHAT IS IT?

- 25 y.o G2P1 29 weeks
- PMH of Grave’s disease
- Very itchy
- Started on abdomen
- Spread to trunk and arms

CASE 6
WHAT IS IT?

• 28 y.o. G3PO 20 weeks
• Had similar rash before
• Nausea, feels unwell
Answers

Case 1: Polymorphic eruption of pregnancy
Case 2: Pityriasis rosea
Case 3: Miliaria
Case 4: Linea nigra, Striae gravidarum
Case 5: AEP (Prurigo of pregnancy; Pruritic folliculitis of pregnancy; eczema of pregnancy)
Case 6: Pemphigoid gestationis
Case 7: Pustular psoriasis of pregnancy